

## OVERVIEW:

The purpose of the Chemical Dependency Training Consortium of the Northwest is to provide low-cost, quality training for the staff, interns and volunteers of member agencies and other professional caregivers. All training provided is NAADAC approved and designed to meet Washington State Department of Health (DOH) training requirements.

## OUR MEMBERS:

- A First Place
- A New Safehaven
- Anchor Point Counseling Center
- Astoria Pointe/ The Rosebriar
- ChangePoint, Inc.
- Clark County District Court Corrections
- Columbia River Mental Health Services
- Columbia Treatment Services
- Community Services Northwest
- Cowlitz Tribal Treatment
- DePaul Treatment Centers
- Drug Abuse Prevention Center
- Hazelden Springbrook
- Kaiser Permanente Department of Addiction Medicine
- Lifeline Connections
- Modus Vivendi LLC
- Portland VA Medical Center Vancouver Division
- Providence Health Systems
- PeaceHealth Southwest Medical Center
- Western Psychological & Counseling Services P.C.

CDTC is approved by NAADAC Approved Education Provider Program. Provider #: 721.

**This activity qualifies for 6 hours.**

Full attendance is required to receive credit; variable credit for partial attendance may not be awarded.

## DIRECTIONS:



**PeaceHealth Southwest Mill Plain Campus  
Health Education Center  
Located off 92<sup>nd</sup> Ave & Mill Plain Blvd.  
600 N.E. 92<sup>nd</sup> Ave.  
PLEASE PARK IN PARKING GARAGE**

### From I-5:

- Exit 1A -- Highway 14 East, Lieser Road exit
- Turn left and cross over Hwy 14
- Road ends at Mill Plain; turn right (east)
- 92nd Avenue is third light, turn left
- Take 2<sup>nd</sup> left. The Health Education Center is directly in front of you.
- Turn left into parking garage. Please don't park in lot.

### From I-205:

- Exit 28 -- Mill Plain West
- 92nd Avenue is 5 traffic signals from I-205, turn right,
- Take 2<sup>nd</sup> left. The Health Education Center is directly in front of you.
- Turn left into parking garage. Please don't park in lot.

### CDTC

P.O. Box 847  
Vancouver, WA 98666  
Phone (503) 805-0989 VFax 1-360-557-5032  
[www.addictionceu.org](http://www.addictionceu.org)  
[cdtc@addictionceu.org](mailto:cdtc@addictionceu.org)

## CHEMICAL DEPENDENCY TRAINING CONSORTIUM of the Northwest



# Tobacco: The Next Recovery Challenge?

Presented by  
ChangePoint Inc.

**Friday, August 9, 2013  
9:00 a.m. – 4:30 p.m.**

**PeaceHealth Southwest  
Mill Plain Campus  
Health Education Center  
600 NE 92<sup>nd</sup> Ave.,  
Vancouver, WA**



One of the most positive, cost-effective influences any healthcare professional can have is to help a patient quit smoking. Nicotine is strongly addictive. Tobacco is the leading preventable cause of death in the United States, contributing to greater mortality than alcohol, illicit drugs, HIV, suicide, homicide, motor vehicle accidents, and obesity, all combined (Centers for Disease Control, 2005).

“Tobacco is a big blind spot for many in our field. We are used to working with clients with what sound like more severe problems...but sometimes we forget that tobacco kills more of our clients than all those other ‘serious’ drugs put together.” – Erik Stone, Director of Compliance and Quality Improvement, Signal Behavioral Health Network

Many accreditation agencies for treatment facilities are beginning to see the importance in integrating tobacco cessation into treatment. The Joint Commission on Accreditation of Healthcare Organizations (JCAHO) requires smoking policies, and both the Association for Addiction Professionals (NAADAC) and the American Society for Addiction Medicine support the treatment of tobacco dependence. Beginning January 2014, all CADCs applying for re-certification must have a minimum of two hours of continuing education in tobacco dependence/prevention.

This course will assist counselors in starting the process of integrating tobacco addiction education and treatment into their practice. Many healthcare providers are beginning to address tobacco dependence in their programs due to the devastating toll tobacco use has on people with substance abuse and mental health disorders. Attendees will gain information, skills and resources to support this important work.

This is an Intermediate Training. It is most appropriate for participants who are familiar with the basic concepts of addiction and recovery yet are seeking more detailed specific information on the topic.

#### OBJECTIVES:

Attendees will understand:

- The impact of tobacco use on clients with behavioral health disorders
- The Science of Nicotine Addiction
- How to implement two curricula on tobacco education
- How to access the Tobacco Quit Line and what it offers
- How to recommend the various nicotine dependence medications and instruct on their proper use

#### AGENDA:

- 8:30 – 9:00 Registration  
9:00 - 9:10 CDTC Announcements & Introductions  
9:10 - 9:30 Welcome & Training Introduction  
9:30 - 10:45 Importance of Addressing Tobacco in Treatment  
10:45 - 11:00 Break  
11:00 - 12:00 Science of Nicotine Addiction  
12:00 - 1:00 \*\*Lunch Break ~ On Your Own\*\*  
1:00 - 2:15 Assessment & Treatment Planning Curricula for Education & Treatment  
2:15 - 2:30 Break  
2:30 - 4:15 Treatment Options  
4:15 - 4:30 CDTC Staff – Evaluations and Wrap Up

#### SPEAKERS:

**Deb Drandoff, M.Ed** is an administrator at ChangePoint, Inc, and also manages the Washington State Healthy Communities Resource Center, which provides trainings for all programs in the Washington State Department of Health Community Wellness Program. Deb is currently providing consultation with numerous agencies in Oregon and Washington on integrating tobacco treatment, and created a model to provide training and technical assistance to chemical dependency treatment programs as they integrate tobacco education and cessation. Deb has previous experience as an administrator of chemical dependency, mental health and juvenile justice agencies.

**Pre-registration and pre-pay is required.  
Seating is limited. Please register early.**

#### WAYS TO REGISTER

**1. GO ONLINE TO [WWW.ADDICTIONCEU.ORG](http://WWW.ADDICTIONCEU.ORG) AND COMPLETE ELECTRONIC REGISTRATION. MAIL PAYMENT TO ADDRESS BELOW.**

**2. MAIL THIS FORM AND PAYMENT TO:**

CDTC  
P.O. BOX 847  
VANCOUVER, WA 98666

**3. FAX THIS FORM THEN MAIL PAYMENT**

vFAX: 1-360-557-5032

#### PLEASE CIRCLE ENROLLMENT STATUS:

MEMBER **	<b>\$50.00</b>
NON-MEMBER	<b>\$75.00</b>
STUDENT	<b>\$20.00</b>

*\*\*Member Agencies listed on back\*\**

Name: \_\_\_\_\_

Employer: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell #: \_\_\_\_\_

Office #: \_\_\_\_\_

E-Mail: \_\_\_\_\_

For convenience, registration confirmations are sent via email. Please add [cdtc@addictionceu.org](mailto:cdtc@addictionceu.org) (8/2013)

Please review our refund and credit policy at [www.addictionceu.org](http://www.addictionceu.org)

Participant check in begins at 8:30 a.m. The seminar begins at 9:00 a.m. and concludes at 4:30 p.m. There is a one hour break for lunch on your own.