# **OVERVIEW:**

The purpose of the Chemical Dependency Training Consortium of the Northwest is to provide low-cost, quality training for the staff, interns and volunteers of member agencies and other professional caregivers. All training provided is NAADAC approved and designed to meet Washington State Department of Health (DOH) training requirements.

## **OUR MEMBERS:**

- A First Place
- A New Safehaven
- Anchor Point Counseling Center
- Astoria Pointe/ The Rosebriar
- ChangePoint, Inc.
- Clark County District Court Corrections
- Columbia River Mental Health Services
- Columbia Treatment Services
- Community Services Northwest
- Cowlitz Tribal Treatment
- DePaul Treatment Centers
- Drug Abuse Prevention Center
- Hazelden Springbrook
- Helping Professionals Wellness Center
- Kaiser Permanente Department of Addiction Medicine
- Lifeline Connections
- Modus Vivendi LLC
- Portland VA Medical Center
   Vancouver Division
- Providence Health Systems
- PeaceHealth Southwest Medical Center
- Western Psychological & Counseling Services P.C.

CDTC is approved by NAADAC Approved Education Provider Program. Provider #: 721.

This activity qualifies for 6 hours.

Full attendance is required to receive credit; variable credit for partial attendance may not be awarded.

# **DIRECTIONS:**



PeaceHealth Southwest Mill Plain Campus
Health Education Center
Located off 92<sup>nd</sup> Ave & Mill Plain Blvd.
600 N.E. 92<sup>nd</sup> Ave.
PLEASE PARK IN PARKING GARAGE

### From I-5:

- Exit 1A -- Highway 14 East, Lieser Road exit
- Turn left and cross over Hwy 14
- Road ends at Mill Plain; turn right (east)
- 92nd Avenue is third light, turn left
- Take 2<sup>nd</sup> left. The Health Education Center is directly in front of you.
- Turn left into parking garage. Please don't park in lot.

## From I-205:

- Exit 28 -- Mill Plain West
- 92nd Avenue is 5 traffic signals from I-205, turn right,
- Take 2<sup>nd</sup> left. The Health Education Center is directly in front of you.
- Turn left into parking garage. Please don't park in lot.

### CDTC

P.O. Box 847
Vancouver, WA 98666
Phone (503) 805-0989 VFax 1-360-557-5032
www.addictionceu.org
cdtc@addictionceu.org

# CHEMICAL DEPENDENCY TRAINING CONSORTIUM of the Northwest



# Breaking Cycles of Family Dysfunction: How Providers Can Help Stop It

Presented by Drug Abuse Prevention Center

Friday, December 12, 2014 9:00 a.m. – 4:30 p.m.

> Mill Plain Campus Health Education Center 600 NE 92<sup>nd</sup> Ave., Vancouver, WA

**PeaceHealth Southwest** 



The purpose of this training is to increase treatment providers' awareness of how generational dysfunction and family specific dysfunction contributes to the progression of addiction and/or mental health disorders. Participants will be introduced to Fetal Alcohol Spectrum Disorders (FASD), the Parent Child Assistance Program, The University of Washington FASD Diagnostic Team, and The Division of Children and Family Services. FASD through the lifespan, family system, and multigenerational will be discussed so that participants will be able to recognize FASD symptoms. The diagnostic process and screening tools utilized by the University of Washington will be reviewed. The Parent Child Assistance Program will be described and treatment approaches discussed. Participants will receive information on the utilization and involvement of Child Protective Services as a collaborator to achieving healthy family units. This training will assist participants with learning what specialized treatment options exist for families and how to refer patients to those services.

Additionally, participants will be able to hear a first hand account of a patient's journey through addiction and family dysfunction as she tells how the services of the Parent Child Assistance Program, The University of Washington FASD Diagnostic Team and family treatment helped her break the cycles of dysfunction in her life.

## **OBJECTIVES:**

### Participants of this training will be able to

- Identify the common issues that perpetuate family dysfunction,
- Name three ways in which prenatal alcohol exposure contributes to increased risk for lifelong problems,
- Describe fetal alcohol spectrum disorder symptoms,
- Provide basic screening for FASD and know sources for referrals,
- Describe the Parent Child Assistance Program, and
- Identify the role of DCFS/CPS and how to coordinate services.

### AGENDA: 8:30 - 9:00 Registration 9:00 - 9:10 **CDTC** Announcements and Introductions 9:10 - 10:45 Understanding Fetal Alcohol Spectrum Disorders: Where We Have Been and Where We Are Going 10:45 - 11:00 Break 11:00 - Noon Where I Was, What Helped Me and My Life Now - Kym Meiwes shares her experience with the Parent Child Assistance Program, Family Treatment, and her child's diagnosis of FASD Lunch Break \*\*\*On Your Own\*\*\* Noon - 1:00 1:00 - 2:15 Parent Child Assistance Program (CPAP): Who They Are and What They Do -2:15 - 2:30 Break 2:30 - 3:45 Children's Administration: How They Protect Families, How They Are Involved with Patients and How We Can Work with Them 3:45 - 4:15 Treatment Options for Families: Referral -4:15 - 4:30 Wrap Up, Questions and Answers, and

## PRESENTERS:

Therese Grant, Ph.D., University of Washington School
of Medicine, Department of Psychiatry and Behavioral
Sciences. She is an Associate Director of the UW
Alcohol and Drug Abuse Institute and principal
investigator of the Washington State Parent Child
Assistance Program (PCAP), an award-winning,
evidence-based intervention working with high-risk
women who abuse alcohol and drugs during
pregnancy.

**Evaluations** 

- Nancy Whitney, MS, LMHC, Clinical Supervisor of King County Parent Child Assistance Program (PCAP), a program of the University of Washington Fetal Alcohol and Drug Unit. She has been a mental health professional for over 20 years.
- Kym Meiwes, Graduate from PPW Treatment, current PCAP participant, and mother of a child with FASD
- Brandy Richardson, BS, Clinical Supervisor of Cowlitz County Parent Child Assistance Program
- Stephanie Baxter, MSW, Supervisor/Social Worker with Division of Child and Family Services/Children's Administration, Kelso, WA
- Crystal Rich, CDP PPW Residential Counselor, Drug Abuse Prevention Center

Pre-registration and pre-pay is required. Seating is limited. Please register early.

### **WAYS TO REGISTER**

- 1. GO ONLINE TO <u>WWW.ADDICTIONCEU.ORG</u> AND SELECT REGISTRATION METHOD.
- 2. MAIL THIS FORM AND PAYMENT TO:

CDTC P.O. BOX 847

VANCOUVER, WA 98666

3. FAX THIS FORM THEN MAIL PAYMENT

vFAX: 1-360-557-5032

## PLEASE CIRCLE ENROLLMENT STATUS:

MEMBER \*\* \$50.00

NON-MEMBER \$75.00

STUDENT \$20.00

\*\*Member Agencies listed on back\*\*

Name:	
Employer:	
Address:	
City:	
City.	
State:	Zip:
Cell #:	
Office #:	
E-Mail:	
L IVIUIII	

For convenience, registration confirmations are sent via email. Please add <a href="mailto:cdtc@addictionceu.org">cdtc@addictionceu.org</a> (12/2014)

Please review our refund and credit policy at www.addictionceu.org

Participant check in begins at 8:30 a.m. The seminar begins at 9:00 a.m. and concludes at 4:30 p.m. There is a one hour break for lunch on your own.